



*SUNLIGHT OF THE SPIRIT*

*NIA 20 Spring Conference*

*March 2-4, 2012*

**Georgios Banquets and Comfort Inn Suites  
Orland Park, IL**



**Hotel Map**

**General Information**

**Key Events**

**Alateen**

**AI-Anon Program**

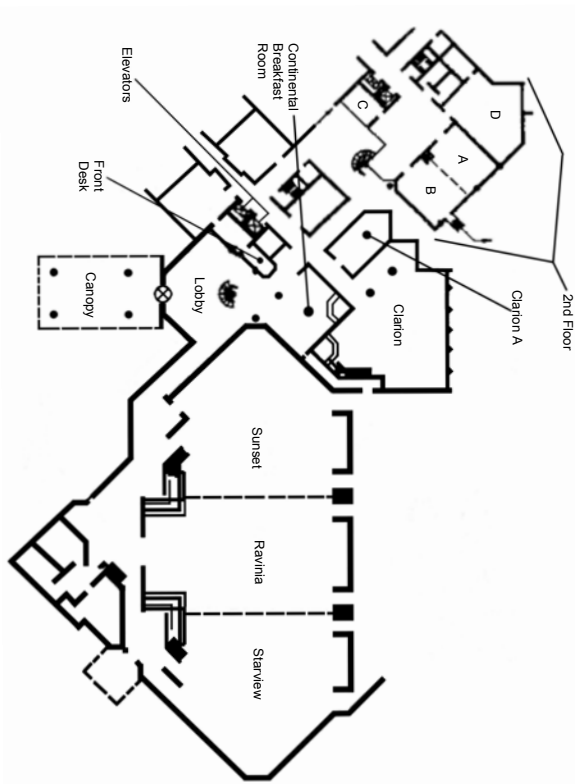
**Alcathon**

**Notes & Phone #s**

# The 12 Steps of A.A.

1. We admitted we were powerless over alcohol -that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Copyright © A.A. World Services, Inc.



## Hotel Map

# General Information

All meetings are open meetings except for Alateen.

In the ballroom following the banquet, we will have additional seating for the Speaker meeting.

All keynote speakers will be signed for the hearing impaired.

Spanish translation will be available for keynote speakers.

Recordings of all keynote speakers will be available.

**Smoking:** There are 3 outside areas available for smoking. Please make sure you are 15' from any building entrance and put cigarette butts in proper containers.

---

## AA Spanish Meetings:

Saturday 10 PM in Room A Alcathon

Saturday 11 PM in Room D

---

## Registration times:

Friday, March 2 3 PM to 10 PM

Saturday, March 3 8 AM to 6 PM

## Hospitality in Suites 222 & 226 Open:

Friday, March 2 3 PM to Midnight

Saturday, March 3 6 AM to Midnight

Sunday, March 4 6 AM to 9 AM

## AA & Al-Anon Literature, Grapevine & Archives in room Clarion A Times:

Friday, March 2 3 PM to 7 PM

Saturday, March 3 8 AM to 5 PM

## Movies in Room C:

Friday 10 PM My Name is Bill W.

Saturday 9AM Days of Wine & Roses

Saturday 1PM 28 Days

Saturday 4 PM The Lost Weekend

## Meditation in Room B:

Friday open 4 PM to Midnight

Guided meditation at 6 PM

Tai chi at 11 PM

Saturday open 6 AM to Midnight

Guided meditation at 8 AM, 3 PM, & 11 PM

Yoga at 11 AM

Tai chi at 5 PM

Sunday open 6 AM to 9 AM

Guided meditation at 8AM

# Key Events

## Friday, March 2

Time	Key Events	Room
7-11 PM	Kick-off Al-Anon Speaker <i>Judy K - Reno, NV</i> AA Speaker <i>Larry T. - Lakewood, CA</i> <i>We Are Not a Glum Lot - Video Presentation</i>	Clarion

## Saturday, March 3

8-9 AM	Assembly Registration	Sunset
9-Noon	Assembly	Sunset
1-2 PM	Al-Anon Speaker <i>Sue D. - Yorba Linda, CA</i>	Sunset
1-2 PM	Spirituality of a Phone Call Answering Service	Clarion
2-3 PM	Alateen Speaker or Panel	Sunset
2-3 PM	Carrying the Message in Treatment Facilities	Clarion
3-4 PM	Principles of the Program Concepts	Sunset
3-4 PM	Light the Path for Others CPC	Clarion
4-5 PM	Sunlight Behind Bars Corrections	Sunset
4-5 PM	Staying in Contact Secretary and Registrar	Clarion

## Saturday, March 3

Time	Key Events	Room
6-7:30 PM	Banquet	Ravinia & Starview
7:30-8 PM	Sobriety Countdown	Ravinia & Starview
8-9 PM	AA Speaker <i>Keith D. - Yorba Linda, CA</i>	Ravinia & Starview
9 PM - Midnight	Dance	Ravinia & Starview

## Sunday, March 4

9-11AM	GSO Report AA Speaker - <i>Mary D. - New York, NY</i> Closing Remarks	Clarion
--------	---	---------

### Anonymity Statement

There may be some here who are not familiar with our Tradition of personal anonymity at the public level: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Thus we respectfully ask that no A.A. speaker - or indeed, any A.A. member - be identified in published or broadcast reports of our meetings, including reports on new media technologies such as the Internet.

The assurance of anonymity is essential in our effort to help other problem drinkers who may wish to share our recovery program with us. And our Tradition of anonymity reminds us that A.A. principles come before personalities.

# Key Events

# Guidelines for Minors

All Alateens, minors, and their guardians must abide by these guidelines.

1. Any person under 18 years of age is considered a minor.
2. All minors must be registered.
3. Minors of a minimum age of 8 years of age will be admitted with parent or guardian to the conference. Parents are to use their discretion in allowing those under the age of 12 to attend the conference.
4. Registration and Permission forms **MUST BE SIGNED** by parent for admission to the conference. Minors are required to wear their badges at all times.
5. Footwear **MUST** be worn at all times.
6. The possession or consumption of alcohol or other mind-altering substances **WILL NOT BE TOLERATED**. Neither will any unlawful or unacceptable conduct. Failure to comply with these guidelines will result in the violator's discharge from the conference (at the violator's expense) and the incident being reported to the proper authorities. Also, unauthorized objects will be confiscated.
7. Smoking is not permitted by anyone under the age of 18. Smoking for attendees over the age of 18 is permitted **OUTSIDE** and in designated areas only; and not within 20 feet of any entrance.
8. No minor may leave the hotel premises unless accompanied by a parent/guardian.
9. All minors must be in their rooms by midnight, unless they are in a meeting or accompanied by a parent/guardian. Parents/guardians will be responsible for their minors. The hallways must be kept free of congestion.
10. **These guidelines must be strictly adhered to. Anyone not in compliance will be asked to leave. All minors must at all times abide by these guidelines for the safety, comfort, and welfare of all conference participants and hotel guests.**

## Alateen Program

### ROOM P

#### Friday, March 2

Time	Topic
7 - 10PM	Conference Kick-off in <b>Clarion Room</b>
10:00 PM	The Magic of Sharing & Listening <b>In Room D</b> (Al-Anon/Alateen Shared Meeting)

#### Saturday, March 3

9:00 AM	*Abuse, Verbal & Mental
10:00 AM	*Seeking Happiness
11:00 AM	*Journaling & Working My Program
1:00 PM	Al-Anon Speaker Sue D. in <b>Sunset Room</b>
2:00 PM	Alateen Speaker or Panel in <b>Sunset Room</b>
3:00 PM	*Suicide & Dealing with Grief/Death

**\*Alateen meetings are closed meetings for teenagers registered for the conference only.**

# Al-Anon Program

## ROOM D

### Friday, March 2

Time	Topic
4:00 PM	Finding the Power (Let Go, Let God)
5:00 PM	Staying in the Darkness (Harboring Resentments)
6:00 PM	Finding Strength Through Weakness
7-10 PM	Kick-off in Clarion Room Al-Anon speaker Judy K. AA speaker Larry T.
10:00 PM	The Magic of Sharing & Listening (Al-Anon/Alateen Shared Meeting)

### Saturday, March 3

7:00 AM	Create Your Own Meeting
8:00 AM	Out of the Darkness/Into the Light
9:00 AM	Seeking Spiritual Sunshine (Attitude of Gratitude)
10:00 AM	Freedom to Shine (Finding Contentment)
11am to 12:30pm	* Alateen Sponsorship Workshop for prospective Alateen sponsors
1:00 PM	Al-Anon Speaker Sue D. in Sunset Room
2:00 PM	Alateen Speaker or Panel in Sunset Room
3:00 PM	Basking in the Sunlight (Trusting Our Higher Power)
4:00 PM	Allowing the Light to Come In (Acceptance)
5:00 PM	Create Your Own Meeting

\*Participants in the Alateen Sponsorship Workshop must be registered for the Conference

### Saturday, March 3

Time	Topic
6pm-9pm	Banquet in the Ravinia/Starview Rooms
10:00 PM	Where the Sun Don't Shine (Secrets in Relationships)

### Sunday, March 4

8:00 AM	Spreading the Sunshine (12th Step)
9:00 AM	Create Your Own Meeting

## ***The Al-Anon Family Groups® Preamble***

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Approved by World Service Conference Al-Anon Family Groups®

# Alcathon

## ROOM A

### Friday, March 2

#### Time

#### Topic

#### Our Heritage

- 4:00 PM Before AA  
5:00 PM AA's Beginnings and The Big Book

#### Our Steps

- 6:00 PM Steps 1,2,3,...The Necessity of Sponsorship  
7:00 PM Steps 4 & 5  
8:00 PM Steps 6 & 7  
9:00 PM Steps 8 & 9  
10:00 PM Steps 10 & 11  
11:00 PM Step 12 Working With Others

### Saturday, March 3

#### Not Ready For Prime Time!

- Midnight Early Treatment with 90% Recovery Rate  
1:00 AM Best AA Stories  
2:00 AM Beware the 13th Step  
3:00 AM Dr. Bob's Prescription  
4:00 AM Popsicle Stick Topics  
5:00 AM Favorite Slogans

#### Our Essentials

- 6:00 AM Upon Awakening...Big Book pg. 86-88  
7:00 AM Sponsorship  
8:00 AM Honesty  
9:00 AM Open Mindedness  
10:00 AM Willingness  
11:00 AM As We Go Through the Day...

### Saturday, March 3

#### Time

#### Topic

#### Our Traditions

- 12:00 PM Traditions 1,2, & 3: The Individual and The Group  
1:00 PM Traditions 4 & 5: The Group Purpose  
2:00 PM Traditions 6 & 7: The Groups and Outside Entities  
3:00 PM Tradition 8 & 9: How AA is Organized  
4:00 PM Traditions 10 & 11: AA and the Public Arena  
5:00 PM Tradition 12: Principles Before Personalities

#### Our Legacies

- 6:00 PM Recovery  
7:00 PM Unity  
8:00 PM Service  
9:00 PM Gratitude  
10:00 PM Spanish Speaking  
11:00 PM When We Retire...

### Sunday, March 4

#### Not Ready For Prime Time!

- Midnight It's Up To You  
1:00 AM Are You Billish or Bobish???  
2:00 AM Recovery Online and Personal Anonymity  
3:00 AM Ask It Basket  
4:00 AM Open Topic  
5:00 AM Humor in Recovery

#### As We Leave...

- 6:00 AM "Having had a spiritual awakening as the result of these steps,..."  
7:00 AM "We tried to carry this message to alcoholics,..."  
8:00 AM "And to practice these principles in all our affairs."

# Alcathon



# THE TWELVE CONCEPTS FOR WORLD SERVICE

1. Final responsibility and ultimate authority for A.A. World services should always reside in the collective conscience of our whole Fellowship.
2. The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.
3. To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”
4. At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.
5. Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.
6. The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.
7. The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.
8. The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.
9. Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.
10. Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.
11. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.
12. The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.